

OUR COUNTRY'S GOOD

Content Warning and Support Resources

Our Country's Good delves into themes that may impact some audience members. Details are outlined below - please note the following does contain plot spoilers.

The play is set in the late 18th century and portrays the lives of British convicts and officers in a penal colony in Australia. It explores the harsh realities of that time, with a particular focus on the brutal treatment of convicts and the power dynamics inherent in colonialism and the British justice system.

Please be aware that the production uses haze, loud noises (including gun shots), and other atmospheric effects to enhance the dramatic experience.

Throughout the production, audiences will encounter scenes of bullying and humiliation, where characters are subjected to degrading treatment that reflects the brutal social hierarchy of the era. There are also multiple instances of violence, including physical assaults and acts of cruelty, some of which are directed towards women. These scenes are depicted with a high level of realism, including portrayals of wounds and physical harm. Characters also experience mental health crises, including a depiction of psychosis culminating in convulsions on stage.

The dialogue in *Our Country's Good* features very strong and degrading language, with racial undertones and explicit anti-Semitism that reflect the period's attitudes. The plays exploration of colonialism and racism includes the subjugation and dehumanisations of Indigenous populations. Additionally, there are references to and implications of sexual violence, though these are not explicitly shown on stage.

The production also touches on the themes of execution and punishment, with a noose visibly present on stage, symbolizing the threat of execution, and gunshots are fired.

If you would like to know more about any specific themes that are particularly upsetting to you, please call us on 020 8741 6822 or email tickets@lyric.co.uk

VICTIM SUPPORT

Providing free confidential support to victims of crime.

Tel: 08 08 16 86 111

Web: https://www.victimsupport.org.uk/

REFUGE

Specialist support for women & children experiencing domestic violence.

Tel: 0808 2000 247

Web: https://www.refuge.org.uk/

THE SURVIVOR'S TRUST

Umbrella organisation for over 120 specialist rape and sexual violence orgs.

Tel: 08088 010 818

Web: https://www.thesurvivorstrust.org/

RAPE CRISIS

A network of independeant Rape Crisis Centres across the country.

Tel: 0808 802 9999

Web: https://rapecrisis.org.uk/

CALM

Campaign Against Living Miserably – free confidential helpline and webchat.

Tel: 0800 58 58 58

Web: https://www.thecalmzone.net/

THE MIX

Support for under 25s on a range of issues including mental health.

Tel: 0808 808 4994

Web: https://www.themix.org.uk/