



Rewind Case Study

Background: Person C is a 13 year male referred through his education provider because he was a school refuser. His attendance was extremely erratic and it appeared that his mother was enabling the behaviour by providing excuses. Person C regularly had outbursts which the school struggled to manage resulting in him missing school.

Approach: When Person C attended REWIND he was initially very quiet and evidently anxious about being in a space with other young people and this was perhaps heightened by being the only male in the cohort. The nature of the project focuses a lot on building a sense of ensemble and trust within the group and therefore much of the first sessions are spent drawing on exercises which naturally encourage this. Person C flourished very quickly as he saw that the sessions were a space where he could be listened to without fear of judgement or being wrong. The Directors gave Person C a lot of encouragement and affirmation which he evidently thrived on and grew in his confidence and social interactions. The team very specifically partnered Person C with one of the older girls on the project to create scenes for the final performance. This was really beneficial as she really took him under her wing and encouraged him which gave her additional responsibility and Person C a boost in his self esteem.

Outcomes: Person C attended 9 out of 10 sessions which was a huge achievement considering attendance was one of the reasons that he was referred on to the project. His school used REWIND as an incentive for him to attend school from Monday to Thursday and they noted an improvement in his attendance. When he began the course, Person C was not an independent traveller and had to be brought to the Lyric by his teacher. However by the middle of the project he began travelling independently which was a significant milestone for him. He took a main role in the final performance which both teachers from his school and his family attended. They were all incredibly vocal about how proud they were and enthused by the project and the impact it had had on Person C. We will continue to track Person C's progress across the year.

Quotes from Participant:

'REWIND helped me by working with new people and improved my acting skills'

'I have learnt from REWIND that I can achieve things I thought I couldn't achieve'