



***Ghosts* Content Warning**

Gary Owen's *Ghosts* contains language and scenes that may impact some audience members. Details are outlined below – **please note the following does contain plot spoilers.**

If you would like to know more about the play, and any specific themes that are particularly upsetting to you, please call 020 8741 6850 or email tickets@lyric.co.uk

The play contains strong language and sexual references; descriptions of coercive control, domestic and sexual abuse; discussion of sexual assault, rape and incest; scenes of suicide ideation, including the discussion of proposed suicide methods.

This list of resources are here to help signpost to organisations that provide expert support, information and advice.

MIND Providing advice and support to anyone experiencing a mental health problem. Tel: 0300 123 3393 Web: https://www.mind.org.uk/	SAMARITANS A listening service, giving you somewhere to talk 24/7. Tel: 116 123 Web: https://www.samaritans.org/
PANDAS FOUNDATION A support service for those suffering from perinatal mental ill health. Tel: 0808 196 1776 Web: https://pandasfoundation.org.uk/	THE SURVIVORS TRUST Nationwide umbrella agency for rape and sexual abuse services. Tel: 0808 801 0818 Web: https://thesurvivorstrust.org/
VICTIM SUPPORT Support victims of crime, including sexual violence and domestic abuse. Tel: 0808 168 9111 Web: https://www.victimsupport.org.uk/	REFUGE Specialist support for women experiencing domestic violence. Tel: 0808 200 0747 Web: https://refuge.org.uk/
PAC-UK Specialist support for birth parents, adopted people and families. Tel: 0300 180 0090 Web: https://www.pac-uk.org/	